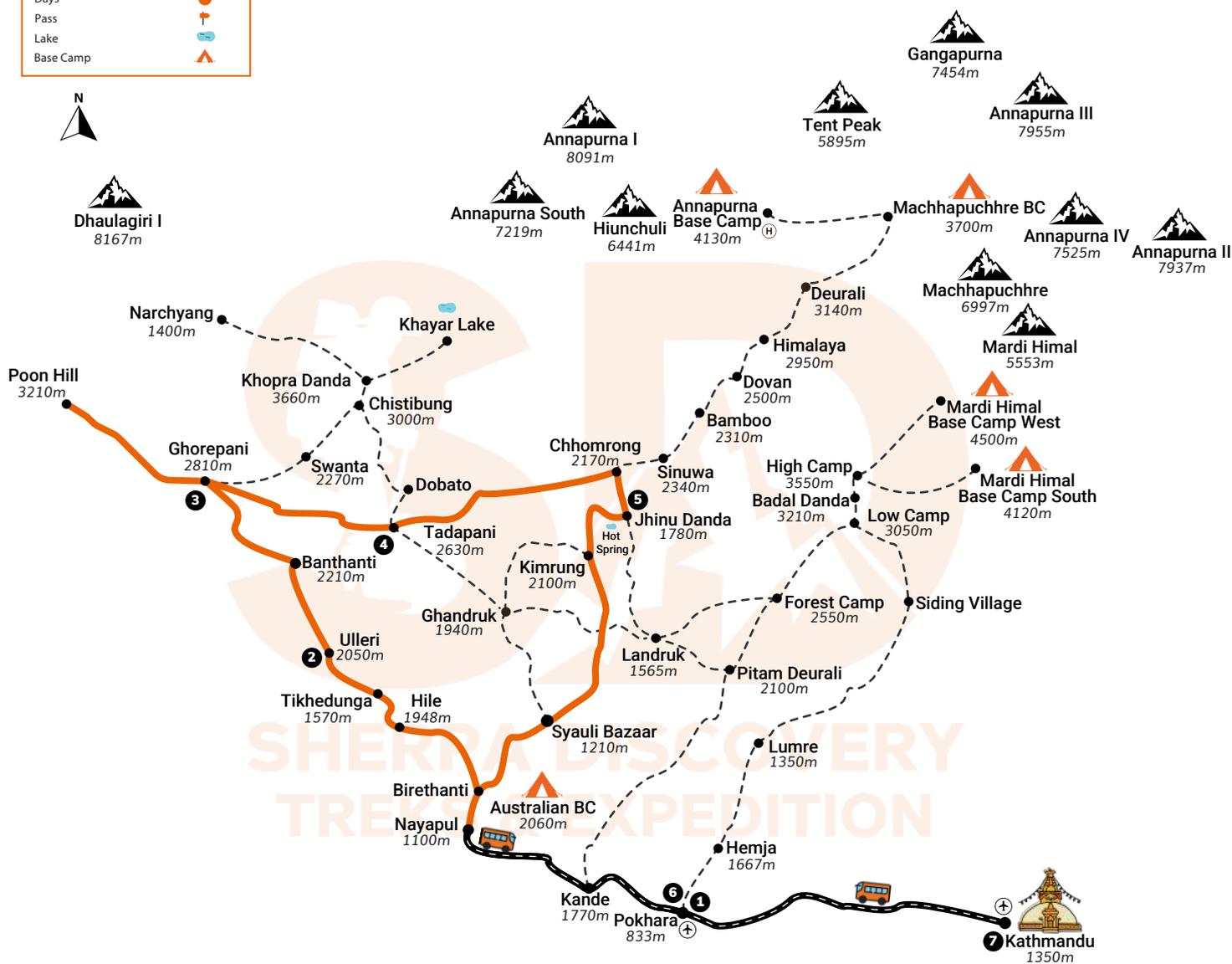


| | |
|-----------------|--|
| Main Trail | |
| Secondary Trail | |
| Road | |
| Air Route | |
| Monastery | |
| Peak | |
| Airport | |
| Helipad | |
| Days | |
| Pass | |
| Lake | |
| Base Camp | |



ALTITUDE CHART

