

Main Trail	
Secondary Trail	
Road	
Air Route	
Monastery	
Peak	
Airport	
Helipad	
Days	
Pass	
Lake	
Base Camp	



Chuchhemara Danda  
4260m

Ghorosingha  
3050m

Sinja  
2514m

Chala Chaur  
2980m

Jaljalachaur  
3420m

Chere Chaur  
3055m

Jumla  
2540m

Nepalgunj  
150m

Kathmandu  
1350m

Rara Lake  
2990m

Pina  
2440m

Chauta  
2807m

Bumra  
2800m

SHERPA DISCOVERY  
TREKS & EXPEDITION

## ALTITUDE CHART

