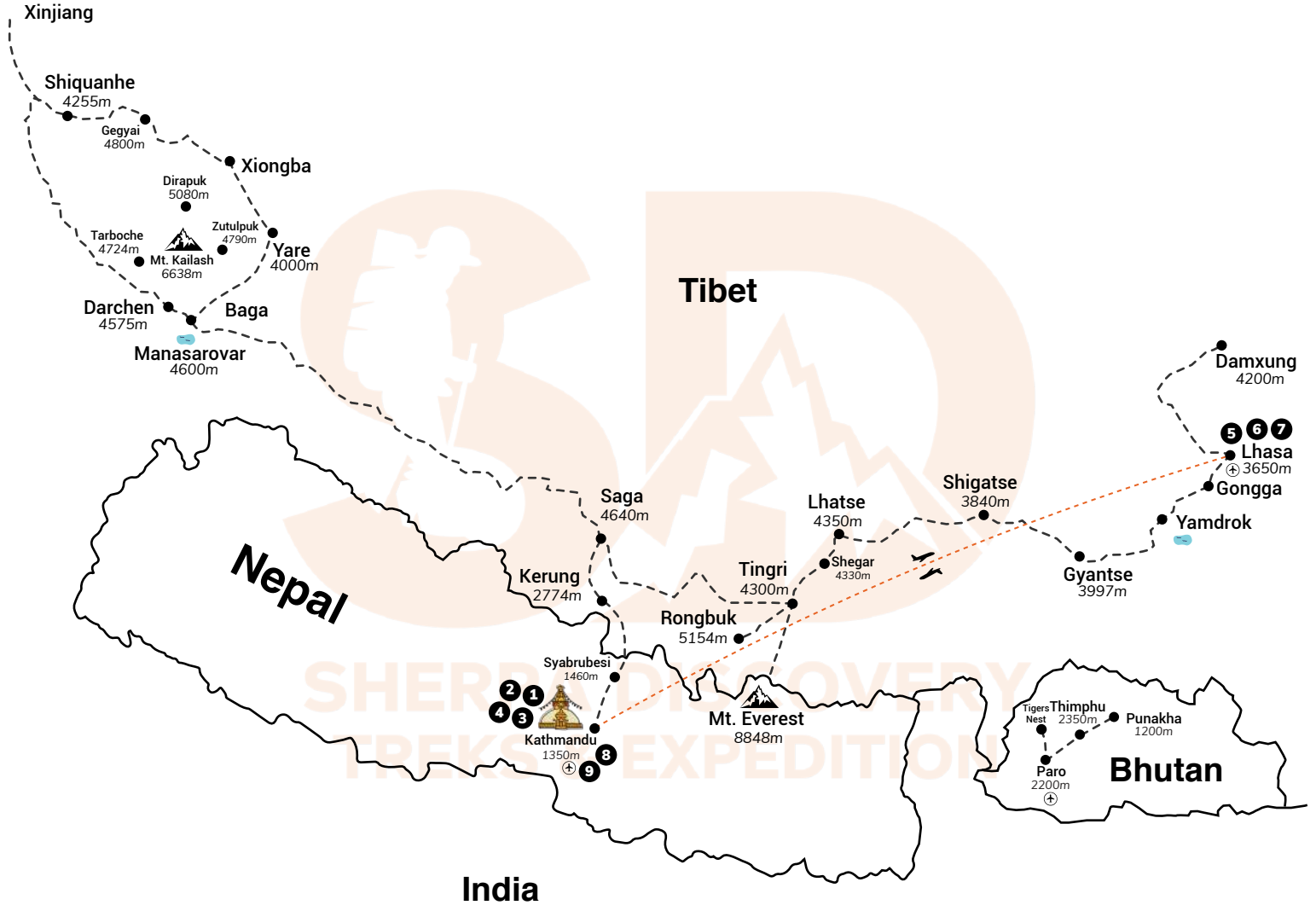


Main Trail	
Secondary Trail	
Road	
Air Route	
Monastery	
Peak	
Airport	
Helipad	
Days	
Pass	
Lake	
Base Camp	



ALTITUDE CHART

